



Excursions in Helsinki

Excursion 1: Sightseeing by bus in Helsinki



The Sibelius monument

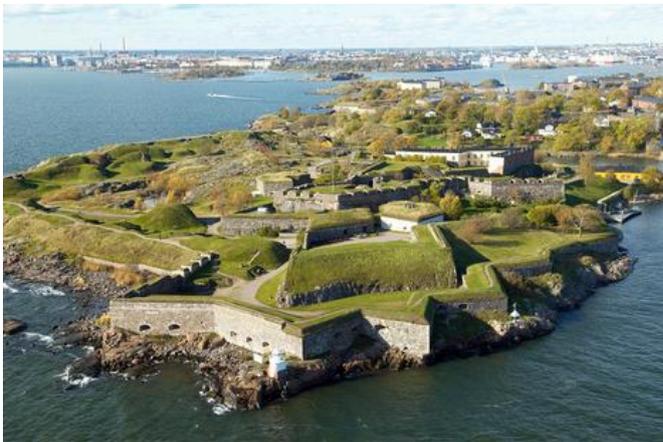
A professional City guide will tell you about the sights: the Senate Square, the Parliament and the National Museum etc. A visit to the Sibelius monument and the Rock Church are included.

For more information see: www.helsinki.fi/eng

A lunch box is provided

Price SEK 270,-

Excursion 2: Suomenlinna fortress, a unique UNESCO World Heritage site.



Suomenlinna fortress is situated on a group of skerries just off the harbor of Helsinki and consists of an irregular network of bastions. Work on the fortress was begun in the mid-18th century. Suomenlinna has played a key role in many turning points in Finland's history. Despite its long history, Suomenlinna is not only a museum, but also a district of the city of Helsinki with a permanent population of more than 800. The old buildings are still in everyday use as

housing, working space, maintenance and visitor service facilities. The visit to the fortress starts with a 10 minute ferry ride to the islands, continuing with an approx. 2 hour walking excursion with English/French speaking guides among the bastions and museums. After a lunch break, the participants may continue exploring the fortress on their own taking care to be back on the ferry on time. It is just about a 10 minute walk from museum to the Suomenlinna ferry.

For more information see: www.suomenlinna.fi/en/

A lunch box is provided

Price SEK 270,-

Excursion 3: Helsinki from the sea – enjoy the unique archipelago of Finland



The archipelago of the Finnish Bay is unique. The City of Helsinki is surrounded by the sea and has several harbors. The tour will start with a 5 minute walk to the Market place, where a covered waterbus is waiting to take the group on a 3 hour tour including one stop. You will be able to see architectural buildings of Helsinki as well as many islands with residential

homes. Furthermore you will enjoy wonderful views, marine nature and the open sea. If it is a windy day the route will be in sheltered waters to avoid heavy seas.

There will be guides on board that can explain what is seen in different languages.

For more information see: www.hei.fi/hki/Helsinki/en/Etusivu

A lunch box is provided

Price SEK 270,-

Excursion 4: Forrest hike in Nuuksio – Noux



Enjoy a guided hike to the diverse landscape of the Nuuksio National Park 25 kilometer from Helsinki. It is an extensive and ecologically important continuous backwoods area. It provides a good introduction to the Finnish countryside, with its numerous lakes and ponds, pure air and peace. Trained and experienced guides will tell you about the flora and fauna. When walking through the forest you will be shown eatable mushrooms, hopefully see some animals and enjoy stopping for lunch. You

yourself may grill a sausage and bread over an open fire. The walk is about two kilometers.

For more information see: www.outdoors.fi

A lunch box is provided

Price SEK 350,-

Excursion 5: Shopping in Helsinki

A guide will take you walking along the Esplanade – the Design Street of Helsinki – and show you the location of different shops and department stores as well as cafés and restaurants. You are free to



pick the shops and other places you are interested in. You decide if you want to sit down for a coffee or light lunch at your own expense and then you may return to the ship in good time before the departure. The distance from the ship to the main department store is 1.2 kilometers.

Price 0 SEK

The tours will be guided in English and French. If there are big enough groups of participants interested excursions in German and Swedish, tours in these languages may be arranged.